

MRIDULA SANKHYAYAN

Business Background

Mridula is an entrepreneur and founder of Vatt Vriksh Consultants which is a Talent Development Consulting Practice. Her expertise lies in Leadership Coaching and Diversity and Inclusion strategy and practice.



Mridula acquired rich experience in last 25 years of her career in leadership development, coaching, skills and Behavioural trainings and driving diversity and inclusion strategy for organisations like Goldman Sachs, Nomura and Genpact. She built her credibility as a lead for talent development strategy (Diversity and Inclusion, Learning and Leadership Development) and execution and worked in various geographies including England (London, Reading), Middle East (Dubai, Sharjah), India across Financial Services, IT and BPO.

She has coached and mentored many senior professionals including women leaders as they navigate their careers and businesses forward.

Mridula believes that in order to grow and have competitive advantage leaders will need to create inclusive workplace and invest in sustainable employee development and engagement strategies.

Areas of Expertise

A) Leadership Coaching:

- A. Coaching high potential leaders for global roles
- B. Coaching for leadership competencies (like strategy, change management, people leadership, brand, presence, creating inclusive teams, interpersonal effectiveness and communication)

B) Behavioural and Skill Programs Facilitated:

- C. Business Workshops
- D. Leadership Development
- E. Behavioural and Skills Trainings

C) Diversity and Inclusion Programs:

- F. Sponsorship, Returnship and career transition Programs for women
- G. Leadership Brand and Communication for women
- H. Sensitization trainings for gender, LGBT, religion and culture

Clients: to name a few

J.P.Morgan

NOMURA



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Client Testimonials

Senior HR Leader, The World Bank

Mridula has great passion for training and coaching and works tirelessly to bring in innovative practices in LnD. She played a critical role during the Lehman-Nomura transition and I saw an amazing leader in her that stepped beyond her role to help stabilize the organization in transition.

Vice President, Global Platform Leader, @ Capgemini Insights & Data

"The walking flame of a burning lamp", one of Mridula's team members introduced her once with these words. I have worked with Mridula for nearly 4 years and known her as a great friend and mentor. She has a wonderful ability to silently inspire people towards their entitlement in life and career with her wisdom, her infectious optimism and positive attitude towards life.

Social Leadership: Fellow of Aspire India Social Leadership Program with Professor Pradip Khandwala, Retd. IIM A Professor and HOD, also core committee member at Educait, an NGO.

Awards:

- A. International Women Leadership Forum Award on HR Leadership 2017
- B. Asia Pacific HRM Congress 2014 Goldman Sachs - HR Leadership Award by
- C. Goldman Sachs-Most Innovative Diversity and Inclusion Program 2013 (for Returnship)
- D. Daksh - 2nd Entrepreneur of the Year award at Daksh e Services Pvt Ltd 2002
- E. 100 km OXFAM team challenge award 2013

Certifications:

- A. "Taking the Stage" Executive Presence program for women by The Humphrey Group
- B. Executive Practitioner Coach, Noble Manhattan Coaching, IILM, ICF recognised
- C. NLP, MBTI, HBDI, ID, Practitioner
- D. Certified on "Seven Habits" Training program
- E. Dale Carnegie Training as a Training Sales Consultant
- F. BITS, PILANI – Master of Management Studies graduate

Recent Assignments:

- A. Leadership Coaching: for CXO level in large multinationals- venter head, CEO of a new business etc.
- B. Leadership Skills Training: Leading with Emotional Intelligence for newly promoted Vice Presidents
- C. Design and host a Leadership Conference for Women for a large Investment Bank